

# Abundance Checks

Cut along the outer border. Fill in by hand, in ink. Instructions on page 3.

|                                              |                      |         |
|----------------------------------------------|----------------------|---------|
| <b>THE BANK OF THE UNIVERSE</b>              |                      | No. 001 |
| Unlimited Account · Drawn on infinite supply |                      |         |
| Date _____                                   |                      |         |
| Pay to the order of _____                    | \$ _____             |         |
| _____ Dollars                                |                      |         |
| Memo _____                                   | _____                |         |
|                                              | Authorised signature |         |
| :000369:  111222333  PAID IN FULL            |                      |         |

|                                              |                      |         |
|----------------------------------------------|----------------------|---------|
| <b>THE BANK OF THE UNIVERSE</b>              |                      | No. 002 |
| Unlimited Account · Drawn on infinite supply |                      |         |
| Date _____                                   |                      |         |
| Pay to the order of _____                    | \$ _____             |         |
| _____ Dollars                                |                      |         |
| Memo _____                                   | _____                |         |
|                                              | Authorised signature |         |
| :000369:  111222333  PAID IN FULL            |                      |         |

|                                              |                      |         |
|----------------------------------------------|----------------------|---------|
| <b>THE BANK OF THE UNIVERSE</b>              |                      | No. 003 |
| Unlimited Account · Drawn on infinite supply |                      |         |
| Date _____                                   |                      |         |
| Pay to the order of _____                    | \$ _____             |         |
| _____ Dollars                                |                      |         |
| Memo _____                                   | _____                |         |
|                                              | Authorised signature |         |
| :000369:  111222333  PAID IN FULL            |                      |         |

# Abundance Checks

Cut along the outer border. Fill in by hand, in ink. Instructions on page 3.

|                                              |                      |         |
|----------------------------------------------|----------------------|---------|
| <b>THE BANK OF THE UNIVERSE</b>              |                      | No. 004 |
| Unlimited Account · Drawn on infinite supply |                      |         |
| Date _____                                   |                      |         |
| Pay to the order of _____                    | \$ _____             |         |
| _____ Dollars                                |                      |         |
| Memo _____                                   | _____                |         |
|                                              | Authorised signature |         |
| :000369:  111222333  PAID IN FULL            |                      |         |

|                                              |                      |         |
|----------------------------------------------|----------------------|---------|
| <b>THE BANK OF THE UNIVERSE</b>              |                      | No. 005 |
| Unlimited Account · Drawn on infinite supply |                      |         |
| Date _____                                   |                      |         |
| Pay to the order of _____                    | \$ _____             |         |
| _____ Dollars                                |                      |         |
| Memo _____                                   | _____                |         |
|                                              | Authorised signature |         |
| :000369:  111222333  PAID IN FULL            |                      |         |

|                                              |                      |         |
|----------------------------------------------|----------------------|---------|
| <b>THE BANK OF THE UNIVERSE</b>              |                      | No. 006 |
| Unlimited Account · Drawn on infinite supply |                      |         |
| Date _____                                   |                      |         |
| Pay to the order of _____                    | \$ _____             |         |
| _____ Dollars                                |                      |         |
| Memo _____                                   | _____                |         |
|                                              | Authorised signature |         |
| :000369:  111222333  PAID IN FULL            |                      |         |

# How to fill in your abundance check

## 1. Date

Write today's date, or the word "Now". Avoid an anxious future deadline.

## 2. Pay to the order of

Your full name, written clearly, the way you sign it.

## 3. Amount box

A specific figure you can genuinely picture receiving, or "Paid in Full".

## 4. Amount line

The same amount in words, ending with a line through the space.

## 5. Memo

What it is for, in a few words: "For our first home", "Rent paid with ease".

## 6. Signature

"The Law of Abundance" or "The Universe". Some people sign it themselves.

## After you write it

- Read it once, slowly, as if the payment has already cleared.
- Put it somewhere you will see now and then: a journal, wallet or noticeboard.
- Don't check it every hour. Let it be done, and get on with your day.
- Many people write a new one each new moon, or when a goal is reached.

### Keep going after the check

A check is one moment. A few written lines each day keep the feeling going.

The Manifestation Journal gives you a place to do that, every morning.

[realitymanuscript.com/manifestation-journal](http://realitymanuscript.com/manifestation-journal)